

March is Colon Cancer Awareness Month

Dress in Blue Day, Friday, March 6



Earn 400 Vitality Points

HumanaVitality rewards you for preventative screenings, including colonoscopies.



Earn Cash Rewards!

You can qualify for a **\$15 - \$500 CASH REWARD** by shopping around with SmartShopper for your medical procedure or test. Visit www.compassmartshopper.com or call 855-869-2133 to easily compare healthcare service costs among quality providers in your new Anthem network.



Facebook Photo Contest

You could be the lucky winner!

Get together with your coworkers and enter your best Dress in Blue Day photo. The lucky winner could earn \$250! Click below for more information.

[Facebook Photo Contest Poster](#)
[Facebook Photo Contest Rules and Entry Form](#)



March is national Colon Cancer Awareness month and Friday, March 6 is Dress in Blue Day. Join the statewide campaign to raise awareness about the importance of colon cancer screenings. Wear blue and encourage your family, friends, and co-workers to get screened.

Colon cancer is mostly preventable!

Colon cancer can be prevented or cured if found early. All Kentuckians age 50 and older should get regular colon cancer checks.

There are usually no symptoms for colon cancer. A colonoscopy is the best test for colon cancer—and the only one that can prevent it. Talk to your doctor about getting screened.



Crit Luallen, Kentucky Lieutenant Governor and Chair of Dress in Blue Day 2015

"Screening for colon cancer has really saved my life, not once, but twice. There simply is no value that you can put on this process of being able to detect colorectal cancer. It's priceless. I encourage you to wear blue on Dress in Blue Day and tell your friends and family why!"

Share the news

Please see the [Dress in Blue Day poster](#) and pass it on.

Additional resources

American Cancer Society, www.cancer.org

Kentucky Cancer Program, www.kycancerprogram.org

Kentucky Department for Public Health, <http://chfs.ky.gov/dph/ColonCancer.htm>

Learn more about wellness programs for state employees, including HumanaVitality at <http://livingwell.ky.gov>



Questions?
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